

All 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> graders

STAY ACTIVE,  
BE PREPARED,  
PREVENT  
INJURIES



Low-Cost Sports  
Physicals for All  
SBISD Athletes

April 14<sup>th</sup> @ NHS

Take an active role in preventing serious injuries that could mess up your game by getting your annual sports physical. In collaboration with SBISD Athletics, Memorial Hermann Memorial City Medical Center is offering comprehensive, low-cost physicals to all SBISD athletes.

**Who:**

All qualified SBISD Athletes

**When:**

Saturday, April 14, 2018, from 8 a.m. to noon

**Where:**

Students may walk-in or SBISD buses will transport students from their school to Northbrook High School  
1 Raider Circle N  
Houston, TX 77080

@NHS

For more information, please call  
SBISD Athletics at 713-251-1200

**Physicals include:**

- Height and weight
- Blood pressure
- Vision screening
- Medical history assessment

Physicals will be administered by primary care physicians, nurse practitioners and physician assistants affiliated with Memorial Hermann Memorial City Medical Center.

Physicals  for middle school and high school athletes.

Payment may be made by cash or check. No insurance will be accepted. Free physicals are available for athletes who qualify for reduced lunch programs.

Free for ALL athletes

MEMORIAL  
HERMANN  
Memorial City

ADVANCING HEALTH