

Name: \_\_\_\_\_

**ARE YOU AN ABUSER?**

**This sheet is private.** Think about your current relationship, and answer these questions honestly. If you are not currently in a relationship, think about a relationship you have been in or the relationship of one of your friends. In response to each question, circle Yes or No.

*Note: The abuser is sometimes referred to as "he" and the victim as "she" in this survey because this is the case in most, but not all, instances of relationship abuse.*

<b>Y</b>	<b>N</b>	Do you ask your partner to miss special events, such as family parties, to spend time with you?
<b>Y</b>	<b>N</b>	Are you jealous to the point of getting angry if your partner talks to or about another boy (or girl)?
<b>Y</b>	<b>N</b>	Do you find yourself getting angry if your partner wants to spend time with other friends?
<b>Y</b>	<b>N</b>	Do you call your partner several times a night or show up to check up on where he/she is and what he/she is doing?
<b>Y</b>	<b>N</b>	Do you call your dating partner names or make fun of your dating partner and then say you were "just kidding" or that he/she was "too sensitive" when his/her feelings are hurt?
<b>Y</b>	<b>N</b>	Do you try to embarrass or humiliate your partner in front of other people?
<b>Y</b>	<b>N</b>	Do you roughhouse with your partner, such as play-wrestling?
<b>Y</b>	<b>N</b>	Do you blame your partner when you feel angry or act violently?
<b>Y</b>	<b>N</b>	Do you tell your partner what styles of clothes, hair or makeup to wear?
<b>Y</b>	<b>N</b>	Do you demand to know all the details of where your dating partner has been and what he/she has done when you're not together?

*This activity is continued on the next page.*

Name: \_\_\_\_\_

**ARE YOU AN ABUSER?**

<b>Y</b>	<b>N</b>	Have you threatened to harm yourself or your dating partner if he/she breaks up with you?
<b>Y</b>	<b>N</b>	Do you tell your partner that he/she is lucky to have you because no one else would want him/her, or that he/she is nothing without you?
<b>Y</b>	<b>N</b>	Do you ever accuse your partner of picking a fight when he/she disagrees with you?
<b>Y</b>	<b>N</b>	Do you often criticize or insult your dating partner, or put down your partner's accomplishments or goals?
<b>Y</b>	<b>N</b>	Have you pressured or coerced your dating partner to perform sexual acts against his/her will?
<b>Y</b>	<b>N</b>	Do you throw or break things in anger, or punch holes in walls?
<b>Y</b>	<b>N</b>	Have you intentionally tried to frighten or intimidate your dating partner or threatened him/her with physical violence?
<b>Y</b>	<b>N</b>	Have you kicked, hit, shoved, strangled or thrown objects at or near your dating partner?
<b>Y</b>	<b>N</b>	Have you abandoned or threatened to abandon your dating partner in a dangerous or unknown place?
<b>Y</b>	<b>N</b>	Have you ever blamed your violent behavior on drinking or using drugs?

If you answered "yes" to any of these questions, please call (800) 799-SAFE for confidential help. Abusive behavior can be stopped only if the abuser chooses to seek help and change abusive patterns.