NAME:_____

LIFELONG CONTRACT

WORK SHEET 7

Finish the contract below by researching the possible side effects of cigarettes. Keep in mind that cigarettes can cause at least 15 short-term effects and 15 long-term effects.

My Contract

I,_____ , do hereby admit that I recognize the risks involved in smoking one cigarette. I fully understand that smoking one cigarette might lead to further tobacco use and addiction.

In addition, I acknowledge that short-term use of tobacco may cause:

_____

_____

_____

_____

_____

_____

_____

_____

_____

I also acknowledge that long-term use of tobacco may cause:

_____

_____

_____

_____

_____

_____

_____

_____

_____

Signed _____

Witness _____